



**MC<sup>+</sup>ALLEN**

INDEPENDENT SCHOOL DISTRICT  
COUNSELING & GUIDANCE

# COMMUNITY RESOURCE LIST

2019-2020

**COMMUNITY RESOURCE LIST - CODES FOR SERVICES  
2019-2020**

CODE	AGENCY	PAGE	CODE	AGENCY	PAGE
<b>ABUSE</b>	Children's Protective Services	4	<b>MEDICAL</b>	APTUS Therapy Services	1
	Crime Victim's Compensation Program	5		Forensic Program (Mission Hospital)	7
	Family Guidance	6		Hope Family Health Center	8
	Forensic Program (Mission Hospital)	7		South Texas Behavioral Health Center	15
	Heart to Heart Talks, LLC	7		<b>GRIEF</b>	The Compassionate Friends
	Mujeres Unidas/Women Together	11	Heart to Heart Talks, LLC		7
	Over the Rainbow	12	McAllen Counseling Consultants		10
<b>FAMILY NEEDS</b>	AVANCE - Rio Grande Valley	1	<b>FAMILY CONFLICT</b>	New Hope Counseling Service	12
	Boys & Girls Clubs of McAllen	2		Over the Rainbow	15
	Children's Defense Fund	4		Abundant Grace Counseling Center	1
	Crime Victim's Compensation Program	5	Buckner's Children's Services	3	
	Food Bank of RGV	6	Guzman & Associates	7	
	Heart to Heart Talks, LLC	7	Heart to Heart Talks, LLC	7	
	Judge Mario E. Ramirez Jr.	8	Hope Family Health Center	8	
	Lutheran Social Services	9	Judge Mario E. Ramirez Jr.	8	
	Mesquite Treatment Center	10	McAllen Counseling Consultants	10	
Salvation Army	14	Mission Psychological Center	11		
<b>CHARITIES</b>	Food Bank of RGV	6	New Hope Counseling Service	12	
	Make A Wish Foundation	9	Ortez & Guajardo Counseling Ctr.	12	
	Ronald McDonald House of Charities	13	Over the Rainbow	12	
	Salvation Army	14	Powell, Moniel, M.A.	13	
<b>CRISIS</b>	Buckner's Children's Services	3	<b>ALL MENTAL HEALTH ISSUES</b>	UTRGV - Counseling and Training Clinic	16
	Children's Protective Services	4		Behaviorial Hospital at Renaissance	2
	Deer Oaks Mental Health Assoc.	5		Castellano, Dolores	3
	Heart to Heart Talks, LLC	7		Deer Oaks Mental Health Assoc.	5
	Mujeres Unidas/Women Together	11		EAP Services Deer Oak	6
	Over the Rainbow	12		Heart to Heart Talks, LLC	7
	Tropical TX Behavioral Health	16		Hope Family Health Center	8
<b>DEPRESSION</b>	The Center - Comprehensive Mental Health Ctr.	4		John Austin Pena Memorial Center	8
	Counseling Center of South Texas	5		McAllen Counseling Consultants	10
	Family Guidance	6		Mesquite Treatment Center	10
	Gonzalez Counseling Services	7		Over the Rainbow	12
	John Austin Pena Memorial Center	8		Pinkerman Psychological Assoc.	13
	Kudisch, Alex D., M.D.	9		Salinas, Hildebrando M.D.	14
	McAllen Counseling Consultants	10		South Texas Behavioral Health Ctr	15
	McAllen Psychological Center	10		Tropical TX. Behavioral Health	16
	Mission Psychological Center	11		<b>SPEAKERS</b>	Behaviorial Health Solutions of South Texas
	The Mosqueda Clinic	11	Children's Defense Fund		4
	New Hope Counseling Service	12	Heart to Heart Talks, LLC		7
	Ortez & Guajardo Counseling Ctr.	12	Palmer Drug Abuse Program		12
	Salinas, Hildebrando, M.D.	14	Straight Way, Inc.		16
	Sanchez, Elisa, M.D.	14	<b>SUBSTANCE ABUSE</b>	Behaviorial Health Solutions of South Texas	2
	South Texas Behavioral Health Ctr.	15		Deer Oaks Mental Health Assoc.	5
	Tropical TX Behavioral Health	16		Heart to Heart Talks, LLC	7
<b>EATING DISORDERS</b>	The Center - Comprehensive Mental Health Ctr.	4		John Austin Pena Memorial Center	8
	Heart to Heart Talks, LLC	7		La Hacienda Treatment Ctr.	9
	Kudisch, Alex D., M.D.	9		Mesquite Treatment Center	10
	McAllen Psychological Center	10		Over the Rainbow	12
	Mission Psychological Center	11		Palmer Drug Abuse Program	12
	The Mosqueda Clinic	11	Pinkerman Psychological Assoc.	13	
	Salinas, Hildebrando, M.D.	14	Sendero Group	14	
	Tropical TX Behavioral Health	16	Serving Children/Adolscents in Need	15	
<b>FAITH COMMUNITY</b>	Abundant Grace Counseling Center	1	Straight Way, Inc.	16	
	Catholic Charities of the RGV	3	<b>OTHER</b>	Hotlines	19
	Methodist Health Care	10		RGV Narcotics Anonymous	16
	St. Mark United Methodist Church	15		Support Groups (A.A., Alanon)	16
		TX Alcoholic Beverage Commission		17	
		Urine Testing		17	
		New Hope Counseling Service		12	
		<b>SEXUAL IDENTITY</b>			

## COMMUNITY RESOURCE LIST 2019-2020

This list has been compiled to assist families seeking counseling and other resources in the McAllen Community. The information was gathered via telephone interviews and, therefore, may change at any time. Please do not consider this as an endorsement or referral from McAllen Independent School District. The list is in no way intended to be exhaustive, and does not restrict or limit your choices to the names appearing on these pages. When selecting and seeing counselor, therapist, or any provider of medical services, always ask to see their license or certification to practice.

<b>Name:</b>	<b>Abundant Grace Counseling Center</b>
Credentials:	Brian Dutremaine, LPC-S, RPT-S, LCDC, LCPC, NCC, NCSC, CRC, Doctor of Philosophy in Christian Marriage and Family Counseling, Masters in Rehabilitation Counseling.
Areas Of Specialty:	Child play, therapy, marriage/family, divorce and domestic violence, addictions/substance abuse, depression/anxiety, crisis counseling, faith-based (if requested).
Address:	2110 South McColl Rd., Edinburg, TX 78539
Phone #:	956-381-4394
Other:	Counseling provided by appointment
E-Mail:	Counselingservicesagcc@gmail.com

<b>Name:</b>	<b>APTUS Therapy Services</b>
Credentials:	Cynthia Garza, Administrator
Areas Of Specialty:	Speech Therapy, Physical Therapy, Occupational Therapy
Address:	2610 Cornerstone Blvd., Edinburg, 78539
Phone #:	956-668-1818 Fax: 668-1819
Other:	www.aptushealthcare.com
E-Mail:	<a href="mailto:Cynthia@aptustherapy.com">Cynthia@aptustherapy.com</a>

<b>Name:</b>	<b>AVANCE - Rio Grande Valley</b>
Credentials:	Francesca Brown - Director
Areas Of Specialty:	Parent Education, Early Childhood Development, Adult Literacy-English as Second Language and Civics, Youth Advisory Council and Mentorship
Address:	811 E. Bowie St., Alamo Texas, 78516
Phone #:	956-354-2130 Fax 223-2558 or 223-2556
Other:	Fiscal Agent Community Youth Development Funding for 78501
E-Mail:	<a href="mailto:tgonzalez.rgv@avance.org">tgonzalez.rgv@avance.org</a>

<b>Name:</b>	<b>Behavioral Health Solutions of South Texas, Formally Known as R G V Council, Inc.</b>
Credentials:	LCDC and trainees: Monica Hernandez, LCSW
Areas Of Specialty:	Education, Information, Presentations, Outreach, Screenings, Assessments, and Referrals. Provide solutions toward Addiction Recovery. 24-hour telephone information service
Address:	5510 N. Cage, Ste. A (for clinical services) Ste. C, Pharr, TX 78577
Phone #:	956-787-7111 ext. 240 (after hours) 956-821-3046 M-F 8a.m.-6 p.m.
Other:	Free, confidential assessments and evaluations
E-mail:	<a href="mailto:info@rgvcouncil.org">info@rgvcouncil.org</a>

<b>Name:</b>	<b>Behavioral Hospital at Renaissance</b>
Credentials:	Vanessa Saenz, LPC – Vice President of Behavioral Health Services
Areas Of Specialty:	The Behavioral Hospital at Renaissance Child & Adolescent Psychiatric Program features separate programs for children ages 3 to 12 years and adolescents ages 13 to 17. All treatments are conducted in a secure environment. Also provides short term, solution-oriented treatment options for children, adolescents, adults and seniors.
Address:	5510 Raphael Drive, Edinburg, TX. 78539
Phone #:	956-362-4357
E-mail:	<a href="mailto:V.vale@DHR-RGV.com">V.vale@DHR-RGV.com</a>

<b>Name:</b>	<b>Boys &amp; Girls Clubs of McAllen</b>
Credentials:	James Arredondo : Executive Director
Areas Of Specialty:	Recreational services, Activities promoting positive growth. Ages 6-18
Address:	*Brand Center - 2620 Galveston, McAllen, TX 78501, *Roney Center 4501 N. 24 <sup>th</sup> Street, McAllen 78504,
Phone #:	956-682-5791 Fax: 682-4023
Fees:	Proof of income for scholarships, for information inquires at unit location.
Other:	\$10.00 Membership
E-Mail:	<a href="mailto:Jjarredondo@bgcmcallen.net">Jjarredondo@bgcmcallen.net</a>

**Name:** **Buckner Children's Services**  
**Credentials:** Roger Marcelino, M.Ed., Program Director  
 Jesse Franco, STAR Program Supervisor  
 Brad A. Rinehart, STAR Program Supervisor  
**Areas Of Specialty:** Crisis Intervention & Counseling Services, Counseling for Truancy, Family Conflict, Juvenile Delinquency and runaway through ages 0-17  
**Address:** 5425 N. McColl Ste. A, McAllen, TX 78501  
**Phone #:** 956-630-6285 Fax: 630-6370  
**Other:** Hotline: 956-630-6285  
 Hidalgo County Star Hotline 1-866-480-0772  
**E-Mail:** [rmarcelino@buckner.org](mailto:rmarcelino@buckner.org) and [brinehart@buckner.org](mailto:brinehart@buckner.org)

**Name:** **Catholic Charities of the Rio Grande Valley**  
**Credentials:** Rey Garcia, Counselor  
 Yesenia Guzman, Caseworker  
 Tracey Perez, Caseworker  
 Ana Laura Rosales, Caseworker  
**Areas Of Specialty:** Non-denominational Individual & Family Counseling  
**Address:** 700 N. Virgen De San Juan Blvd., San Juan, TX 78589  
 PO Box 1306, San Juan, Texas 78539  
**Phone #:** 956-702-4088 Fax: 782-0418  
**Fees:** Sliding fee scale or \$10.00 / visit  
**Other:** Assist with vouchers for consultations, medication, medical equipment and transportation  
**E-Mail:** [rgacia@cdob.org](mailto:rgacia@cdob.org), [yltorre@cdob.org](mailto:yltorre@cdob.org)  
[tperez@cdob.org](mailto:tperez@cdob.org), [arosales@cdob.org](mailto:arosales@cdob.org)

**Name:** **Dolores C. Castellano MA., LPC, P.L.L.C.**  
**Credentials:** Masters in Clinical Psychology and Licensed Professional Counselor  
**Areas Of Specialty:** I work with children with ADHD, Behavioral Problems, Anxiety Disorders, Adjustment Disorders and Mood Disorders. I provide services to Adults with Mood Disorders, Adjustment Disorders, Anxiety Disorders and Marital problems. I am also a provider for EAP referrals.  
**Address:** 110 Savannah Ave., Bldg. C, Suite 201, McAllen, TX 78503  
**Phone #:** 956-560-3310 Fax: 956-618-2889  
**Fees:** Medicaid and Private Pay  
**Email:** [dolorescastellano1@sbcglobal.net](mailto:dolorescastellano1@sbcglobal.net)

<b>Name:</b>	<b>Children's Defense Fund TEXAS - RGV</b> <b>(a private non-profit organization)</b>
Credentials:	Graciela Camarena, Program Director
Areas Of Specialty:	Leave No Child Behind®. Provides CHIP and Medicaid awareness, insurance application outreach, and training to school districts.
Address:	United Way Building, 113 W. Pecan Blvd., McAllen Tx. 78501
Phone #:	956-687-5437 Fax: 956-687-5438
Other:	Apply for CHIP by mail/phone 1-877-543-7669 Se Habla Español
E-Mail:	<a href="mailto:jcamarena@childrensdefense.org">jcamarena@childrensdefense.org</a> MISD Contact: Anjanette Gonzalez – Parental Inv.

<b>Name:</b>	<b>Children's Protective Services</b> <b>(TX Dept. of Family &amp; Protective Services)</b>
Credentials:	4 different units with 4 different supervisors. Please call the hot line number 1-800-252-5400 24 hr.
Areas Of Specialty:	Investigations of child abuse and neglect
Other:	All reports of abuse or neglect must go through hotline 1-800-252-5400 24 hr. Child Abuse Hotline <a href="https://www.txabusehotline.org">https://www.txabusehotline.org</a>

<b>Name:</b>	<b>The Compassionate Friends</b>
Areas Of Specialty:	Self-help support organization for parents or grandparents who are grieving the death of a child
Address:	P.O. Box 3732, McAllen, TX 78502
Phone #:	Fred Cano, Office: 956-686-3439
Other:	Meets 1 <sup>st</sup> Tuesday of even months- 7:00-9:00 p.m. @ McAllen Medical Center 1 <sup>st</sup> Floor private dining rooms. National Office, P.O. Box 3696, Oak Brook, IL
E-Mail:	<a href="mailto:callmefirstnow@cs.com">callmefirstnow@cs.com</a>
Web site:	<a href="http://www.compassionatefriends.org">www.compassionatefriends.org</a>

<b>Name:</b>	<b>The Center - Comprehensive Mental Health</b>
Credentials:	Dr. JoAnn Mitchell, Ph.D., Psychologist Dr. Josefina Irigoyen, MS, M. ED. Counselor Dr. F. Irigoyen M.D., Psychiatrist
Areas Of Specialty:	Therapy , Mental Health, Psychiatry
Address:	711 N. McColl Rd, Suite A, McAllen, Texas 78501
Phone #:	956-627-3738 Fax: 627-1465
Fees:	Private pay; Private Insurance; Medicaid

<b>Name:</b>	<b>Counseling Center of South Texas</b>
Credentials:	M. Cristina Quilatán Diaz, Ed. D., LPC-S, CART
Areas Of Specialty:	Children, Adolescents and Adults
Address:	5420 South Jackson Road, Edinburg, TX. 78539
Phone #:	956-631-9000 Fax: 956-631-9013
Other:	<a href="http://www.counselingcenterofsouthtexas.com">www.counselingcenterofsouthtexas.com</a>
E-mail:	<a href="mailto:ccst06@yahoo.com">ccst06@yahoo.com</a>

<b>Name:</b>	<b>Crime Victims' Compensation Program-McAllen Police Dept.</b>
Credentials:	Carl L. Hogle, Crime Victim Liaison
Areas Of Specialty:	Victims of crimes: domestic violence, sexual assault, assaults, DWI's, hit & runs.
Address:	1601 N. Bicentennial Boulevard McAllen, TX. 78501
Phone #:	956-972-7372 Fax: 956-972-7376
E-mail:	<a href="mailto:chogleund@mcallenpd.net">chogleund@mcallenpd.net</a>

<b>Name:</b>	<b>Deer Oaks Mental Health Associates</b>
Credentials:	Counselors on call Psychiatrists, Ph. D, Psychologists, Masters Level, LPC
Areas Of Specialty:	Crisis Intervention, Psychiatric and Behavioral disorders, Alcohol/Drug Abuse, Counseling Services Individual, Family and Group Counseling Psychological Testing & Evaluation Services Consultation w/School, Counselors & Teachers and ARD meeting consultation.
Phone #:	1-866-327-2400
Fees:	Medicaid, Medicare, no private insurance accepted, payment arrangements possible/discounts
Website:	<a href="http://www.deeroaks.com">www.deeroaks.com</a>

<b>NAME:</b>	<b>EAP Services – Deer Oaks MISD Employee Assistance Program</b>
Credentials:	Care Management Department
Areas Of Specialty:	Family or individual mental health counseling Mental health issues, Addictive disorders, legal or financial counseling
Phone #:	Toll Free: 1-866-327-2400 Hearing Impaired Relay Texas: 1-800-735-2989
Fees:	Free to all M.I.S.D. employees and their families (6 sessions per year)
Other:	M.I.S.D. insurance holders: For mental (depression), nervous (anxiety) or substance abuse issues, you <u>must</u> call Deer Oaks EAP Services before seeking medical assistance. Failure to do so may disqualify medical claims.
E-Mail:	<a href="http://www.deeroaks.com">www.deeroaks.com</a>

<b>Name:</b>	<b>Family Guidance</b>
Credentials:	Steven J. Zak, Ph.D.
Areas Of Specialty:	Adolescent and younger children: Sexual abuse, suicide, depression, and oppositional behavior.
Address:	2216 N. 5th, McAllen, TX 78501
Phone #:	956-631-8430
Fees:	\$90.00/session, some insurance
Other:	EAP/CHIP
E-Mail:	<a href="mailto:famcoun@rgv.rr.com">famcoun@rgv.rr.com</a> ; Website: <a href="http://famcoun.com">famcoun.com</a>

<b>Name:</b>	<b>Food Bank of the Rio Grande Valley</b>
Credentials:	Terri Drefke, Executive Director
Areas Of Specialty:	Distribute food to the needy on an emergency basis through Food Pantries and Feeding Programs
Address:	724 N. Cage Blvd., Pharr, TX 78502
Phone #:	956-682-8101 FAX: 682-7921
Other:	Client Expressed Need
E-mail:	<a href="http://www.foodbankrgv.com">www.foodbankrgv.com</a>



**Name:** **Forensic Program (Mission Hospital)**  
Credentials: Evonne Lopez, RN, CA/CP Sane  
Areas Of Specialty: Forensic Nursing, Sexual Assaults  
Address: 900 S. Bryan, Mission, TX 78572  
Phone #: 956-323-1133 Fax: 323-1147  
Email: [Elopez@missionmc.org](mailto:Elopez@missionmc.org)

**Name:** **Gonzalez Counseling Services**  
Credentials: Amando O. Gonzalez, LPC  
Areas Of Specialty: Psycho-Therapy, Individual, Group, and Family Therapy  
Address: 203 E. Bus. 83, Suite 106,  
Weslaco, Texas 78596  
Phone #: 956-377-5329  
Fees: \$80.00 Individual/Family - \$20.00 Group/  
Other: Sliding Scale, Medicaid Accepted  
E-Mail: [gonzalezcounseling@sbcglobal.net](mailto:gonzalezcounseling@sbcglobal.net)

**Name:** **Guzman & Associates (Counseling Center)**  
Credentials: **Licensed Professional Counselors (Bilingual)**  
Areas Of Specialty: Truancy/Fighting/Drugs/Anxiety & Depression  
Address: 210 W. Nolana, Ste. B, McAllen, TX 78504  
Phone #: Office: 956-664-1600 Fax: 956-664-1623  
Fees: \$60.00 per session, Medicaid accepted, Private Pay, Insurances  
Other: Tony Guzman, Diana Verduzco, Enedelia Olviarez (ALL are LPC's)  
E-Mail: [guzmancounseling@att.net](mailto:guzmancounseling@att.net)

**Name:** **Heart to Heart Talks, LLC – Professional Counseling Services**  
Credentials: Nelda Cantu, Director  
Areas Of Specialty: Abuse, Family Needs, Crisis, Depression, Eating Disorders, Grief, Family Conflict, All Mental Health Issues, Speakers, Substance Abuse  
Address: 409 W. State Highway, San Juan TX 78589  
Phone #: 956-283-1335  
E-mail: [Hearttohearttalksllc@gmail.com](mailto:Hearttohearttalksllc@gmail.com)

<b>Name:</b>	<b>Hope Family Health Center</b>
Credentials:	Rebecca E. Stecker, LCSW, Executive Director Nancy G. Saenz, LCSW, Counseling Director
Areas Of Specialty:	General Medical Preventative care for the uninsured. Services provided by HFHC include: Health education and basic testing: i.e. blood sugar and urinalysis. HFHC also provides counseling services for individuals, families and couples. Note: Counseling at clinic provided by LCSW and LMSW as well as master level student interns. Note: Medical Services provided by volunteer medical professionals. Counseling services by LCSWs, LMSWs & Master level student interns.
Address:	2332 W. Jordan Rd., McAllen, TX 78503-7822
Phone #:	956-994-3319 Fax: 956-971-9377
Fees:	\$5.00-10.00 donation per visit
Other:	Cannot have Medicare, Medicaid or private insurance and must fall below 200% of the Federal Poverty Level. <a href="mailto:hopefamilyhealthcenter@gmail.com">hopefamilyhealthcenter@gmail.com</a> <a href="mailto:rramirez.hfhc@gmail.com">rramirez.hfhc@gmail.com</a>
E-Mail:	<a href="http://www.hopefamilyhealthcenter.org">www.hopefamilyhealthcenter.org</a>

<b>Name:</b>	<b>John Austin Pena Memorial Center</b>
Credentials:	UTRGV School of Medicine Eron Manusov, MD
Areas Of Specialty:	Adolescents 12-18 years of age: Medical Problems, Emotional/Mental Health, problems such as anger, behavior Issues, depression, and an appetite for drugs, alcohol, tobacco, Over or under eating
Address:	3341 East Richardson Road, Edinburg Texas 78542
Phone #:	956-318-2915
Fees:	Negotiable to no fees

<b>Name:</b>	<b>Judge Mario E. Ramirez Jr. Juvenile Justice Center (formerly Hidalgo County Juvenile Probation Dept.) Juvenile Court Conference Committee Volunteer Program</b>
Areas Of Specialty:	Community trained volunteers meet with juvenile and parents via a conference and place the family on a contract. Volunteers provide follow-up
Address:	1001 N. Doolittle Rd., Edinburg, TX 78540
Phone #:	956-587-6200 Fax: 956-318-2950
Other:	If the parents are having problems with their children at home, school or community and charges have not been filed, they may call the office to seek advice and suggestions <a href="mailto:rene.valencia@jpd.co.hidalgo.tx.us">rene.valencia@jpd.co.hidalgo.tx.us</a>

<b>Name:</b>	<b>Kudisch, Alex D.</b>
Credentials:	M.D. P.A.
Areas Of Specialty:	Child, Adolescent, Adult Psychiatry
Address:	110 E. Savannah, Suite B-201, McAllen, TX 78503
Phone #:	956-687-3000 Fax: 956- 687-7948
Fees:	Medicaid, Insurance
Other:	Private pay \$350.00 1 <sup>st</sup> visit, \$225.00/follow up

<b>Name:</b>	<b>La Hacienda Treatment Center</b>
Credentials:	Art VanDivier, Executive Director
Areas Of Specialty:	Adult and collegiate (18-24) inpatient treatment for Drug and Alcohol.
Address:	P.O. Box 1, Hunt, Texas 78024
Phone #:	1-800-749-6160
Fees:	Insurance, private pay (payment plans available)
Other:	<a href="http://www.lahacienda.com">www.lahacienda.com</a>
E-Mail:	webinfo@lahacienda.com & ljackson@lahacienda.com

<b>Name:</b>	<b>Lutheran Social Services/Foster in Texas</b>
Credentials:	Dora Alafa, Regional Director
Areas Of Specialty:	Foster Care Agency, Adoption Services
Address:	4603 N. Jackson Rd, Suite E McAllen, TX 78504
Phone #:	956-687-8333, Fax: 618-0478
Other:	Provide training for those interested in becoming foster parents and/or adoptive parents. Visit our website at <a href="http://www.fosterintexas.org">www.fosterintexas.org</a> for more information.

<b>Name:</b>	<b>McAllen Counseling Consultants</b>
Credentials:	Betsy K. Warwas, M.Ed., LPC, Mary Aleman, M.Ed., LPC
Areas Of Specialty:	Individual, Marriage and Family, Childrens, Adolscents and Adults, depression, anxiety, grief counseling, divorce counseling
Address:	217 W. Nolana, Suite 14, McAllen, Texas
Phone #:	956-994-8471
Fees:	\$100 per hr/sliding scale, Medicad, Blue Cross Blue Shield, AETNA, CHIPS, Superior, Driscoll, Molina
Email:	mcallencounseling@gmail.com

<b>Name:</b>	<b>McAllen Psychological Center</b>
<b>Credentials:</b>	Dr. Isaguirre
<b>Areas Of Specialty:</b>	Child & Adolescent Psychology: Evaluation (only)
<b>Address:</b>	3827 N. 10 <sup>th</sup> St., Suite 301, Plaza Ten Building, McAllen, TX. 78501
<b>Phone #:</b>	956-687-1833 Fax: 956-687-1870
<b>Fees:</b>	\$365.00 educational evaluation \$465.00 full comprehensive evaluation
<b>Other:</b>	No insurance/Cash or check only.

<b>Name:</b>	<b>Make A Wish Foundation</b>
<b>Credentials:</b>	Ava Sandlin, Executive Director
<b>Areas Of Specialty:</b>	Grant wishes for children with life threatening medical condition to enrich the human experience with hope, strength and joy.
<b>Address:</b>	1801 S. 2 <sup>nd</sup> Street, McAllen, TX 78501
<b>Phone #:</b>	956-686-9474 FAX: 686-4380
<b>Other:</b>	Volunteers needed <a href="mailto:rgv@rgv.wish.org">rgv@rgv.wish.org</a> <a href="http://www.riograndevalley.wish.org">www.riograndevalley.wish.org</a>

<b>Name:</b>	<b>Mesquite Treatment Center, LLC</b>
<b>Credentials:</b>	Ruben Garcia, LCDC, Clinical Director
<b>Areas Of Specialty:</b>	Substance abuse counseling, education, family education
<b>Address:</b>	McAllen ISD Instructional and Guidance Center
<b>Phone #:</b>	956-428-2100
<b>Other:</b>	<a href="http://www.mtcrgv.com">www.mtcrgv.com</a> .

<b>Name:</b>	<b>Methodist Healthcare Ministries Church Based Counseling Services</b>
<b>Credentials:</b>	Elvira Cruz, LCSW, Robert Chapa, LPC
<b>Areas Of Specialty:</b>	Individuals, Couples, Family, Children, Adolescents
<b>Address:</b>	717 W. Harrison, Harlingen, TX 78550
<b>Phone #:</b>	956-655-4659 (Elvira Cruz) 956-655-4619 (Robert Chapa) FAX: 956-440-8406
<b>Fees:</b>	Sliding Fee Scale (\$1.00 to \$15.00 per 45 minute session)
<b>Other:</b>	Must call for appt.
<b>Email</b>	<a href="mailto:ecruz@mhmc.org">ecruz@mhmc.org</a>

<b>Name:</b>	<b>Mission Psychological Center</b>
Credentials:	Dr. Barry Berger Ph.D., Clinical Psychologist Licensed Psychologist, Licensed Psychological Associates, Licensed Professional Counselors
Areas Of Specialty:	Psychological Evaluations and Counseling; Psychological services, individual, family, marital, ADHD, depression, anxiety, bilingual counseling, therapy for children, adolescents and adults.
Address:	2504 N. Conway Ave., Mission, TX, 78574
Phone #:	956-519-9000 Fax: 519-7722
Fees:	Medicare, Medicaid, Insurance, Private pay, CHIP
Other:	EAP
E-mail:	<a href="http://www.mission-psych.com">www.mission-psych.com</a>

<b>Name:</b>	<b>The Mosqueda Clinic</b>
Credentials:	Robert A. Mosqueda, MD., P.A.
Areas Of Specialty:	Child, Adolescent, and Family Psychiatry
Address:	2113 S. Bentsen Rd., McAllen, TX 78503 44 E. Levee, Brownsville, TX 78520
Phone #:	956-972-1234 (McAllen) 956-542-2555 (Brownsville) Fax: 956-972-1423
Fees:	Value Options, Superior, Driscoll, Molina, United Healthcare, Medicaid, Private Pay, CHIPS, Compsych, Cigna, BCBS

<b>Name:</b>	<b>Mujeres Unidas/Women Together</b>
Credentials:	Estella DeAnda, Executive Director Pricilla Flores, Sexual Assault Program Coordinator.
Areas Of Specialty:	Domestic Violence Crisis Intervention and Sexual Assault Counseling and Shelter for victims of domestic violence and sexual assault.
Address:	Family Justice Center- 511 N. Cynthia, McAllen, TX 78501
Phone #:	McAllen Satellite Center - 420 N. 21 <sup>st</sup> . Street, McAllen TX 78501 111E. 5 <sup>th</sup> Street, Weslaco, TX 78596 956-630-4878 (Peer Counselors) 956-664-2826 (Legal Advocates) Fax: 956- 687-4715
Other:	Community presentations, legal advocacy, court accompaniment and transitional supportive housing for victims of domestic violence and sexual assault (only) <a href="mailto:womentog@swbell.net">womentog@swbell.net</a>

<b>Name:</b>	<b>New Hope Counseling Services</b>
Credentials:	Director, Richard A. Mireles, M.Div., LPC, LBSW
Areas Of Specialty:	Depression, Anxiety, Grief/Loss, Marital, Religious Counseling, Gay/Lesbian Issues. Individual, Family Counseling.
Address:	5717 N. 10 <sup>th</sup> , Suite C, McAllen, TX 78504
Phone #:	956-686-6300 Fax: 686-6363
Fees:	Private Pay, Private Insurance, Medicaid, EAP \$80.00, Insurance
Email:	rnewhope@aol.com

<b>Name:</b>	<b>Ortez &amp; Guajardo Counseling Center</b>
Credentials:	Licensed Professional Counselors, Registered Play Therapist, Certified Anger Resolution Therapist
Areas Of Specialty:	Individual/Family Counseling, Grief/Loss, Depression/Anxiety, Teen Issues, Child-Centered Play Therapy, Chemical Dependency
Address:	804 Del Oro Lane, Pharr TX, 78577
Phone #:	956-787-7676 Fax: 787-7675
Fees:	Medicaid, Private Pay, CHIP

<b>Name:</b>	<b>Over the Rainbow Psychotherapy</b>
Credentials:	Cynthia Denise Porter LPC Certified Anger Management Specialist, EMDR Trained
Areas Of Specialty:	PTSD, Divorce, Grief/Loss Issues, child abuse and neglect, anger management, domestic violence, substance abuse, family therapy, play therapy, trauma. Animal assisted therapy.
Address:	4200 N. 23rd Street, McAllen 78504 Mailing Address: 6101 N. 27 <sup>th</sup> St., 78501
Phone #:	956-928-1749 Fax: 928-0095
Fees:	Take Medicaid, private Insurance, Sliding Scale Fees
E-Mail:	deniseporter13@att.net

<b>Name:</b>	<b>Palmer Drug Abuse Program</b>
Credentials:	Nadia Ochoa, Executive Director
Areas Of Specialty:	Chemical Dependency, Individual/Family Counseling, Support Group Meetings/Chemical Dependency (Individual and Families), Special People Group (ages 5-12 COA's) Referral Source
Address:	115 North 9th St., McAllen, TX 78501
Phone #:	956-687-7714 Fax: 956-687-5306
Other:	Alternative activities, after school/weekends
E-Mail:	Nadia.pdap@gmail.com www.pdapmcallen.org

<b>Name:</b>	<b>Pinkerman and Gonzalez Psychological Associates, PC</b>
Credentials:	Ph.D., Psychologists, LPC's, Psychological Associate, Neuropsychology
Areas Of Specialty:	Depression, Anxiety, ADHD/ADD and other Psychiatric and behavioral disorders. Outpatient counseling for children, adolescent, adult and geriatric. Diagnosis, assessment and evaluations.
Address:	2529 W. Trenton, Edinburg, TX 78539
Phone #:	Edinburg #: 956-994-3880 Fax: 994-3877
Fees:	Medicaid, Medicare, Private Insurance, Private Pay, CHIP
Other:	Alternative activities, after school/weekends

<b>Name:</b>	<b>Moniel Powell, M.A., L.M.F.T.</b>
Credentials:	Licensed Marriage & Family Therapist
Areas Of Specialty:	Individuals, couples and families, adolescents and children. Family and relationships issues, women's issues, cultural issues, grief and loss, sudden death, life transition, anger management, depression, anxiety, bipolar disorder, adjustment disorder, trauma/post traumatic stress, substance/alcohol abuse and dependence.
Address:	1409 Stuart Place Road, Suite F, Harlingen, TX 78552
Phone #:	956-245-3778
Fees:	BCBSTX, cash \$50.00 per session
Other:	<a href="mailto:monielpowell@gmail.com">monielpowell@gmail.com</a> <a href="http://www.monielpowell.com">www.monielpowell.com</a>

<b>Name:</b>	<b>Ronald McDonald House Charities of the Rio Grande Valley</b>
Credentials:	Mariano Ayala, Executive Director Denise Cantu, Program Manager
Areas Of Specialty:	Lodging for families with ill children receiving medical treatment at Valley hospitals
Address:	1720 Treasure Hills Blvd., Harlingen, TX 78550
Phone #:	956-412-7200 Fax: 956-412-6300
Fees:	\$10.00 nightly donation (cash or check and credit cards), if donation cannot be made, other arrangements will be made. Medicaid eligible families may possibly be eligible for coverage of fee by TX. Department of Transportation.
E-mail:	<a href="mailto:deniseatrmhc@aol.com">deniseatrmhc@aol.com</a>

<b>Name:</b>	<b>Salinas, Hildebrando, M.D.</b>
Credentials:	M.D.
Areas Of Specialty:	Adolescent/Adult Psychiatry (6 yrs of age and up)
Address:	2010 S. Cynthia St. Ste.# 104 McAllen, Texas 78503
Phone #:	956-972-0061 Fax: 956-972-0069
Fees:	\$ 250.00 initial assessment; \$ 150.00 follow-up visits, accepts Medicaid, CHIPS, Driscoll, Molina, United Health, CHIPS Health-Spring Insurance.
Email:	h.salinasmd@yahoo.com

<b>Name:</b>	<b>Salvation Army</b>
Credentials:	Angela M. Belton, Director of Social Services, LBSW Clara Gomez, CW.; Maritza Escamilla, CW.
Areas Of Specialty:	Rent assistance, clothing vouchers, food assistance, emergency shelter, seasonal assistance, mortgage assistance, utility assistance, furniture assistance for emergencies only (referral or fire/police report required)
Address:	1600 N. 23rd St., McAllen, TX 78501
Phone #:	956-682-1468 Fax: 683-1511
Fees:	Services provided based on need, while funding is available.
E-Mail:	angela_belton@uss.salvationarmy.org

<b>Nam:</b>	<b>Sanchez, Elisa</b>
Credentials:	M.D.
Areas Of Specialty:	Psychiatry – 3 years and up
Address:	905 S. Jackson Rd., Pharr, TX 78577
Phone #:	956-618-4648, Fax: 686-4377
Fees:	\$250/hour initial evaluation \$100-\$120 follow-up, depends on time
Other:	Ages 14 and up (adults) Medicaid, CHIP, Medicare and most insurances

<b>Name:</b>	<b>Sendero Group</b>
Credentials:	<b>F. Heath Smith, IV, M.A., L.C.D.C., ADC III</b>
Areas Of Specialty:	Adolescent & Adult Counseling, Alcohol/Drug Abuse (Chemical Dependency) Individual/Family Counseling. DOT/SAP Evaluations (English and Spanish), Life Coaching.
Address:	5111 N. 10 <sup>th</sup> Street PMB 168, McAllen, Texas 78504
Private Practice	801 West Nolana Ave. Suite 101, McAllen, TX 78504
Phone #:	956-994-1428 Fax: 956-994-1487
Fees:	\$110.00 an hour (counseling services)
E-Mail:	fsmith4@gmail.com



<b>Name:</b>	<b>Serving Children and Adolescents in Need, Inc. (SCAN)</b>
Credentials:	Jorge Salinas, BA Psychology, LCDC
Areas Of Specialty:	Substance Abuse Counseling
Address:	3341 E. Richardson Rd. Edinburg, TX 78542
Phone #:	956-961-4381
Fees:	Medicaid & DSHS Funding
E-Mail:	jorge.salinas@scan-inc.org

<b>Name:</b>	<b>South Texas Behavioral Health Center</b>
Credentials:	Joe Rodriguez, CEO
Teacher:	Diana Martinez, M.Ed 388-1300, Ext. 71448
Therapists:	Gustavo Cruz, LMSW, LCDC, Irma Segovia, MSW Sonia Flores, LPC, Robert Ruiz, LPC, Elisa Lopez, LMSW, Erasmo Salinas, LMSW,
Pediatric Physicians:	Dr. A. Kudish, Dr. D. Gutierrez, Dr. R. Mosqueda, Dr. H. Salinas, Dr. M. Zorrilla,
Adult Physicians:	Dr. C. Matos, Dr. E. Gonzalez, Dr. H. Salinas
Occupational Therapist	Sherry Batts, O.T.R.
Areas of Specialty:	An acute, short-term mental health placement for youth ages 4-17 years and adults (including geriatrics) Outpatient/partial hospitalization
Address:	2102 W. Trenton., Edinburg.,78539
Phone #:	956-388-1300 FAX: 956-388-1513
Fees:	Accept Medicare, Medicaid, private insurance and private pay.
Visiting Hours:	<b>Adults:</b> 6:30 -8 p.m. (M-F) & 3:00-5 p.m. (S,S) <b>Children:</b> 7-8 p.m. (M-F) & 2-3 p.m. (S, S)

<b>Name:</b>	<b>St. Mark United Methodist Church</b>
Credentials:	Juan Osorio, Pastor
Areas Of Specialty:	Faith Community willing to work with all people.
Address:	301 W. Pecan, McAllen, TX 78501
Phone #:	956-682-1481 Fax: 682-1484
Other:	Host Boy Scouts, Girl Scouts, Upward basketball program.
E-mail:	office@stmark-umc.org

<b>Name:</b>	<b>StraightWay, Inc.</b>
Areas Of Specialty:	Residential Treatment Facility (Ages 17+; Singles; Married; Whole Families) /Public Schools and Community Outreach Presentations
Address:	P.O. Box 134, Hungerford, TX 77448
Phone #:	979-532-5613 ext. 35, 979-532-1929 ext. 27 Fax: 979-532-1442
Other:	Residential Treatment Facility Site StraightWay – Public Schools & Community Outreach Site, E-mail:
E-Mail:	<a href="mailto:office@straightway.org">office@straightway.org</a> , <a href="http://www.straightway.org">www.straightway.org</a> or <a href="http://www.straightway.tc">www.straightway.tc</a>

<b>Name:</b>	<b>Tropical Texas Behavioral Health</b>
Credentials:	ADULTS: MD., LPC., LMFT. CHILDREN: MD., LPC., LLPC., LPC.
Areas Of Specialty:	Crisis Intervention 1-877-289-7199-24-Hour Hotline Psychiatry, Crisis Intervention, Counseling, Rehabilitation, Case Management
Address:	1901 South 24 <sup>th</sup> Ave., Edinburg, TX 78540
Phone #:	956-289-7000 Fax: 289-7210
Fees:	Sliding scale
Other:	Assessments/psychological and psychiatric exams Monica Rodriguez, Dept. Manager
E-mail:	<a href="mailto:mlrodrig@ttbh.org">mlrodrig@ttbh.org</a>

<b>Name:</b>	<b>UTRGV – Counseling and Training Clinic</b>
Credentials:	Celinda Quintanilla, MS., LPC-S CRC – Clinic Director
Areas Of Specialty:	Family Conflict
Address:	1201 West University Dr., Edinburg, TX 78541 College of Education Building in RM 1.272
Phone #:	956-665-5251 Fax: 381-3597
E-mail:	<a href="mailto:cquintanilz@utpa.edu">cquintanilz@utpa.edu</a>

**ALANON MEETINGS**

**St. Joseph the Worker Church  
Rear of 900 S.23<sup>rd</sup>  
McAllen, Texas 78501  
956- 682-1351  
One-hour meetings**

Tuesday – 8:00-9:00 p.m. (Spanish)  
Wednesday – 11:00 a.m. (Spanish)  
Thursday – 8:00-9:00 p.m. (Spanish)  
Sunday – 10:00 a.m. (English)

**RIO GRANDE VALLEY AREA  
NARCOTICS ANONYMOUS**

**Thursday @ 8:15 p.m.  
South Texas Behavioral Health Center  
956-388-1300  
2102 W. Trenton,  
Edinburg, TX. 78530**

**SUNDAY**

9:30 – 10:30 A.M.  
New Group  
First Baptist Church (Friendship House)  
12<sup>th</sup> & Beech St.  
McAllen, TX 78501

**WEDNESDAY**

5:45 - 6:45 P.M. ~ 7:00 - 8:00 P.M.  
New Group  
First Baptist Church (Friendship House)  
12<sup>th</sup> & Beech St.  
McAllen, TX 78501

**TUESDAY**

8:00 – 9:00 P.M.  
New Beginnings Group  
Our Lady of Guadalupe Church  
620 Dunlap & 6th Street  
Mission, TX 78572

**SUNDAY**

7:00 - 8:00 P.M.  
New Beginnings Group  
Our Lady of Guadalupe Church  
620 Dunlap & 6th Street  
Mission, TX 78572

**Texas Alcoholic Beverage Commission  
6521 N. 10<sup>th</sup> Ste. D  
McAllen, Texas 78504  
956-687-5141  
Fax 687-5585**

## HIV TESTING

Hidalgo County Health Department (*referred patients only) 300 E. Hackberry	956-682-6155
Access Esperanza Clinic (Formerly known as Planned Parenthood) 916 E. Hackberry	956-686-0585
Valley Aids Council 300 S. 2 <sup>nd</sup> Street, McAllen	956-668-1155
HIV/STD Information Hotline	1-800-299-2437

## URINE TESTING (drug screening)

### *Family physicians*

1. N.T.C. Drug Testing Services, Inc. 956-682-7090  
4325 N. 23rd, McAllen
2. McAllen Primary Care Clinic/ Family Night Clinic 956-686-  
4105  
110 E. Savannah Bldg. A, Suite 204, McAllen
3. A & C Drug & Alcohol 956-702-2242  
126 E. Newcomb, Ste. 7, Pharr  
\*On-site testing - 24 hour service  
Business, Home or School

**Note:** Reputable agencies include counseling as part of the testing service. Those agencies that merely test and give results are not recommended. Be certain that the agency you choose can assure "Chain of Custody", a process to prevent tampering and ensure accuracy.

Many drugs, i.e. over-the-counter medications, "Roches" (Rohypnol), inhalants, steroids, etc., are not detected in standard drug screening. Specific tests must be requested to detect those drugs. At minimum, a ten-panel screen is recommended.

For more accurate results, testing should be performed immediately.  
**A negative urine or blood analysis does not rule out drug use.**

*Remember that medications or substance use are not the only causes for impairment of faculties. Medical conditions may also affect one's appearance or actions. Behavioral information should be shared with a physician to rule out a medical or health problem.*

## **HOT LINES**

<b>CHILD ABUSE HOT LINE</b>	<b>1-800-252-5400</b>
<b>CRIME VICTIMS COMPENSATION OF TEXAS</b>	<b>1-800-983-9933</b> <b>1-800-252-8011</b>
<b>CRISIS INTERVENTION AGENCIES</b> <b>(Missing, abused and exploited children)</b>	<b>1-888-818-HOPE (4673)</b>
<b>McALLEN – City of Police Department</b>	
<b>Non Emergency Police Assistance</b>	<b>956-681-2000</b>
<b>EMERGENCY ONLY</b>	<b>911</b>
<b>General Information</b>	<b>956-681-2000</b>
<b>Crime Stoppers</b>	<b>956-687-8477</b>
<b>M.I.S.D. CRIME STOPPERS</b>	
<b>McHi</b>	<b>956-630-2483</b>
<b>Memorial</b>	<b>956-630-2483</b>
<b>Rowe</b>	<b>956-630-2483</b>
<b>M.I.S.D. POLICE</b>	<b>956-632-8768 (24-hour/day)</b>
<b>NATIONAL DOMESTIC VIOLENCE HOTLINE</b>	<b>1-800-799-SAFE (7233)</b>
<b>TEXAS ABUSE/NEGLECT HOTLINE</b>	<b>1-800-252-5400</b> <b><a href="http://www.txabusehotline.org">www.txabusehotline.org</a></b>
<b>TEXAS PARENT TO PARENT –</b> <b>Support for families of children with disabilities,</b> <b>chronic illness or other special needs</b>	<b>1-866-896-6001</b>
<b>TEXAS RUNAWAY HOTLINE (day or night)</b>	<b>1-888-580-HELP (580-4357)</b>
<b>TEXAS YOUTH HOTLINE</b>	<b>1-800-210-2278</b>
<b>SUICIDE PREVENTION LIFELINE</b>	<b>1-800-273-8255</b>